



So get moving!

Have fun dancing around your living room, walking the dog, going for a Sunday swim, whatever you want, just get moving and log those active minutes!

Your child's team is called:

Your child's pin is:



Log your family activity here.
getisel.co.uk/log-activity



Show and Tell

Show us how you're keeping active by emailing us at getisel@getisel.co.uk or on social media by tagging [#PathToParis](https://twitter.com/PathToParis) and you may be featured on our website and win prizes too!



Check out our Show and Tell page to see how other teams are getting active.

Tear off this flyer, photocopy and fill in your team's details. Then share with parents and carers.

What's in the pack?



- Our Journey Map: Make this the centre of your display in your school hall, club venue or even up on your kitchen wall!
- Team Bus Markers: Cut out your 6 bus markers, plot your online journey on your map and watch multiple teams track their progress and race their way around the world.
- Team Trackers: One per team. Use the stickers to track each team's progress towards Paris. They can decorate their bus tool!
- Stickers: When teams arrive at a country, add a flag sticker to their Team Tracker. When they reach the UK, they can collect athlete stickers to add to their team Tracker bus (one per UK country).
- Bus Stops: Write down the next destination your team is travelling to, pose for photos and celebrate your progress.
- Certificates: Perfect to photocopy and celebrate the effort or success of your teammates.
- Parent/Carer Flyer: Tear off the back page of this booklet, go online to find and fill out your team details. Then photocopy and send home to parents or carers so your team can continue to log activity at home.

Welcome to

PATH TO PARIS



Your Path to Paris Participation Pack has all the information you need to get started on Your Path to Paris!



Welcome!

To celebrate the Paris 2024 Olympic and Paralympic Games, Path to Paris is challenging children across the country to virtually travel to Paris by getting active. By taking part, children will grow in confidence and learn vital skills, such as teamwork and resilience.

Teachers, community group leaders and families can create teams, children will log their physical activity on the Path to Paris website and each active minute will translate into virtual kilometres powering their team around the world. Path to Paris is all about getting active at home, in school, at a local sport or community group, everyone is invited to get active together and embark on the Path to Paris.

Bienvenue!

Starting from Athens, the birthplace of the modern Olympic Games, children will get active and virtually travel kilometres to power their team bus around the world. There are lots of opportunities to win amazing prizes along the way!

The final stretch will take teams through Great Britain and Northern Ireland so you can collect Team GB and ParalympicGB athletes and learn more about them, their sports, and the history of the Olympic and Paralympic Games. With loads of motivational activities and videos, young people will be inspired to get moving to make sure their bus gets to Paris in time!

Head online to get started

The online activity tracker is at the heart of Path to Paris. Teachers, community group leaders, children and families can all log their activity on our easy-to-use website. Every activity will be converted into a distance, moving teams one step closer to Paris. Teams can track their progress via their Team Tracker. Go to getset.co.uk/pathtoparis view your Team Tracker, log activity and find presentations and videos to launch the challenge in your school, community group or with your family.

Games and Activities

Everyone has access to a whole host of games, activities and ideas to help your young people to get active and stay active.

Inspire

Our collection of videos featuring Olympic and Paralympic athletes are the perfect inspiration for your young people, to try new sports and find their favourite way to get moving.

Motivate

Use our learning resources to engage your young people at school, in a sports or community group or at home. Our Paris Power Ups are a selection of 10-minute activities perfect for a PE lesson or sports club warm up. Or why not try our Build Your Skills activities to support young people to develop key sporting skills over a number of weeks or sessions?

Win

Every activity logged enters you and your team into a draw with chances to win a whole host of prizes including sports kit, athlete visits to your school or club, or money-can't-buy opportunities to experience Team GB and ParalympicGB events (see FAQs for details).

Your child is on the Path to Paris!

To celebrate the Paris 2024 Olympic and Paralympic Games, Path to Paris is challenging children across the country to virtually travel to Paris by getting active.

Your child is taking part in the Path to Paris and we need your support to power their team virtually around the world to make it to Paris in time for the Games.

Parents and carers can support young people by encouraging them to get active and helping them to log their activity on the website. Their team will progress even faster if you are getting active alongside them.

1. Get active as a family

There's lots of ideas and inspiration on the website.

2. Head to the website

Key in the unique pin found on the back to find your team.

4. Track your progress

Keep track of how far your team has travelled on the website.

3. Log your activity

Your child's activity will be converted into a distance.

5. Win prizes

Teams that log their activity will be eligible to win prizes to bring home, athlete visits to their club or school, or money-can't-buy opportunities to attend Team GB and ParalympicGB events.

