

PSHE Curriculum Overview 2026-27

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year R	Healthy Me Being Me in My World -Who? Me -How am I feeling today? -Being in year R -Gentle hands -Our rights -Our responsibilities Trick Box Mirror Mirror	Everyday Heroes / Christmas Celebrating Difference -What I am good at -I'm special I'm me -Families -Houses and homes -Making friends -Standing up for yourself Trick Box Stand Tall	Paddington Bear Dreams and Goals -Challenge -Never giving up -Setting a goal -Obstacles and support -Flight to the future -Award ceremony Trick Box Breathing Colour	On the Farm Healthy Me -Everybody's body -We like to move it move it -Food glorious food -Sweet dreams -Keeping clean -Stranger danger Trick Box Floating Cloud	Let's Grow Relationships -My family and me -Make friends make friends never ever break friends 1&2 -Falling out and bullying 1&2 -Being the best friend we can be Trick Box Win Win	Under the Sea Changing Me -My body -Respecting my body -Growing up -Fun and fears -Celebration Trick Box Free Flow
Year 1	Out and About Being Me in My World -Special and safe -My class -Rights and responsibilities -Rewards and feeling proud -Consequences -Owning our learning charter Trick Box I can do it	Fire! Fire! Celebrating Difference -The same as.... -Different from -What is bullying? -What do I do about bullying? -Making new friends -Celebrating difference; celebrating me	We're on the Move Dreams and Goals -My treasure chest of success -Steps to goals -Achieving together -Stretchy learning -Overcoming obstacles Celebrating my success Trick Box Sunny side	Once Upon a Time Healthy Me -Being healthy -Healthy choices -Clean and healthy -Medicine safety -Road safety -Happy healthy me	Seasides Relationships -Families -Making friends -Greetings -People who help us -Being my own best friend -Celebrating my special relationships Trick Box Light Bulb	Amazing Animals Changing Me -Life cycles -Changing me -My changing body -Boys and girls bodies -Learning and growing -Copying with changes
Year 2	The Lady with the Lamp Being Me in My World -Hopes and fears -Rights and responsibilities -Rewards and consequences -Our learning charter -Owning our learning charter	The Titanic Celebrating Difference -Boys and girls -Why does bullying happen -Standing up for myself and others -Making a new friend -Celebrating difference and still being friends Trick Box Magic Circle	Let's Explore Dreams and Goals -Goals to success -My learning strengths -Learning with others -A group challenge -Continuing our group challenge -Celebrating our achievement	Let's Explore Healthy Me -Being healthy -Being relaxed -Medicine safety -Healthy eating -The healthy me cafe Trick Box Big No	Crowns and Castles Relationships -Families -Keeping safe exploring physical contact -Friends and conflict -Secrets -Trust and appreciation -Celebrating my special relationships	Big Dreams Changing Me -Life cycles in nature -Growing from young to old -The change in me -Boys and girls bodies -Assertiveness -Looking ahead Trick Box Big Yes