

Autumn 1 Curriculum Map – All About Me

Personal, Social and Emotional Development

- Teach the children the song 'If You're Happy and You Know It'. Change the lyrics so that you change the emotion each time, such as happy, sad, angry, excited. Encourage children to think of an action to represent each emotion in the song.
- Explore and celebrate that everyone is different. Play games to help children consider how their body is the same/different to others.

Communications and Language

- Encourage children to answer questions about themselves when using the All About Me Dice.
- Use a teddy to ask the children to move their bodies in different ways. For example, "Teddy says, can you jump?", "Teddy says, can you clap?" Observe to see if the children can understand and follow Teddy's instructions

Physical Development

- Talk to the children about keeping healthy. Provide a selection of fruits. Work together to make a fruit salad, providing child-friendly knives to cut the fruit.
- Children can pretend to look after babies and give them a bath. Challenge older children to dress the babies' after bath time.

Literacy

- Provide a large selection of writing materials and paper. Encourage children to draw pictures of themselves, their friends or family.
- Use name cards and encourage children to find their name then use magnetic letters to build it.
- Encourage children to explore our family books about themselves and their special people. Encourage them to use their hands to handle and touch the pages. Model by pointing and naming what the children are doing or who they are with.



Mathematics

- Model counting fingers and toes. You may like to create hand or footprints together or enjoy rhymes, such as This Little Piggy, while drawing attention to counting.
- Create simple repeating patterns using actions that involve body parts. For example, nod your head then clap your hands. Model saying the body parts or actions as you do them as well as the words 'repeated' and 'same'

Understanding the World

- Introduce children to stories that introduce differences between people, such as the Twinkl Originals story, 'We Are All Different'. Use it as a prompt for discussion and to help develop positive attitudes
- Provide opportunities for children to explore, feel and combine different textures and materials.

Expressive Art and Design

- Encourage children to explore colour mixing by creating different skin tones that they need when making a painting of themselves. Display all the paintings together to create a mural.
- Offer an outline of different letters of the alphabet. Encourage children to choose the letter at the start of their name. Provide different materials to decorate the letter.

Ideas to help at home

- Encourage children to talk about their likes and dislikes
- Go on an autumn walk and collect some autumn leaves. Use these leaves to make a picture or collage.
- Help someone at home to do a job - you could put some clothes in a drawer or help clear the table after a meal.